

# The Friendship Factor

## "7 SECRETS To Making and Keeping FRIENDS"

### Warm-up:

My presentation is designed to challenge students to make positive choices regarding

TRICK: Growing Heart illusion

"I went out to find a friend and could not find one there  
I went out to be a friend and friends were everywhere."

TRICK: Multiplying balls representing multiplying friends

### SECRET #1 FEELINGS

(True friends are considerate of the feelings of others):

We have two choices when it comes to how we treat the feelings of others. We can choose to TRASH other people. We hurt the feelings of others by putting them down, calling people names, making fun of others, gossiping about them and excluding them from games. Friends choose to TREASURE other people. Treat people respectfully. Treat people as really valuable. Consider the feelings of others. Show kindness and honor towards others.

### SECRET #2 REAL (True friends are honest and true):

*Real friends* love and accept you as you are. They like you for who you are not because of what you have or what you look like. Real friends stick with you through the good times and bad times. *Fake friends* or "fair weather" friends are friendly because they want something from you. They use other people. They drop you if things don't go their way.

The song says, "Friends are like diamonds and friends are like gold". It talks about how real friends are true, precious and valuable. The second verse says "Friends are like seasons that come every year, steadfast and certain that always appear". We can count on real friends like we count on the seasons.

TRICK: Cane, Dove Handkerchief, Live Dove

### SECRET #3 INVITE (True friends invite others into their lives):

To have more friends be sure to invite others to play in your game, to join in your activity, to be in your group or to come to you home. Good friends take the initiative to include others in activities. They reach out and don't just wait for others to include them. Be sure to include others and initiate conversation and invest in others.

TRICK: 10 Fun Face Plate Spin (10 helpers)

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### **SECRET #4 ENCOURAGE (True friends are encouragers):**

The word, encourage literally means "with courage". True friends build others up with words that give the person extra courage. They say things like, "I believe in you!", "I know you can do it!" "That was a great project!" "I really like being your friend!" and "I know you will get it next time!" They use "put-ups" not "put-downs". Encouragers show empathy and put the feeling of others before their own feelings. Encouragers are "life-giving" not "life-taking".

**TRICK: Discourage to Encourage Trick**

### **SECRET #5 NAME (True friends learn and use names respectfully and often):**

Names are a very important and precious part of a person. Treating another person respectfully starts by treating their name respectfully. The first name of a person identifies who they are in this room. The last name of a person identifies them in history. If you are looking to find new friends, start by finding out the names of others. Use the names of others often and with kindness.

**TRICK: Name Prediction Game (3 helpers)**

### **SECRET #6 DEPENDABLE (True friends are loyal):**

Good friends keep their promises and they are definitely people you can count on. They are loyal. The more dependable you are, the more friends you will have. I have invited a friend of mine to join me and perform a trick. He is dependable and always shows up.

**TRICK: Rabbit in Hat Puppet**

**STORY: The Velveteen Rabbit (excerpt)**

**TRICK: Puppet to Live Rabbit**

### **SECRET #7 SMILE (True friends learn to smile often):**

Everyone smiles in the same language. Have you ever noticed that everyone looks prettier or more handsome when they smile. The reality is however that sometimes we all feel a little sad. True friends have the responsibility to help cheer up others. Students can brainstorm many ways to help friends. A brand new product "Smylenol" can help too. Just by being a true friend we can help people smile.

**TRICK: Smylenol and magic wand (1 helper)**

 **HAPPY FACE (True friends - summary)**

When we know the 7 secrets to finding and keeping friends, great things can really happen. It is sort of like going fishing for friends and catching lots of them.

**TRICK: Fishing For Friends (1 helper)**