

# Don't Laugh At Me

## A RESPECT Program based on "Operation Respect" Curriculum

### Teacher Notes and Outline

#### Introduction:

This presentation is designed to challenge students to understand and show respect toward themselves, others and property.

-Fun Juggling Demonstration: It is great to laugh with someone when he or she is entertaining or being silly. It's not OK to laugh at someone when it hurts his feelings or makes him feel sad.

Today we are going to travel the "Road to Respect". Let's follow the signs.

#### SIGN #1: "Right Way" (respect yourself by choosing the right way):

Respect Definition: -to look up to -to show honor -to admire  
-to treat with courtesy and consideration

We are strongly influenced by the behavior of those we hang out with. When respectful kids hang out with disrespectful kids, poor choices tend to rub off on the respectful kids. When disrespectful kids hang out with respectful kids the good choices good kids make tend to rub off on the disrespectful kids. So choose friends wisely!

-Respectful Kids – Disrespectful Kids Trick

#### SIGN #2: "No Dissing Here" (build others up):

Stop "dissing" others by –disgracing, dishonoring, disrespecting others

##### 6 Ways to show Respect:

1. Treat others the way you want to be treated.
2. Be courteous and polite.
3. Listen to what other people have to say.
4. Don't insult people, make fun of them or call them names.
5. Don't bully or pick on others.
6. Don't judge people before you get to know them.

-Butterfly Trick

#### SIGN #3: "No Name Calling" (encourage others):

It's great to have friends. A good friendship is like a piece of rope. It can be strong and solid and last a long time. All of us want to feel safe with friends. Name calling and put-downs damage and break-up friendships. Three magic phrases can make things right: I was wrong. I'm sorry. Please forgive me.

-3 Way Rope Cut Trick:

---

### **SIGN #4: “BU” (Be You):**

Respect has 3 parts and it starts with yourself.

To “BE YOU” means to respect yourself:

**Respecting yourself** means getting plenty of rest and exercise, making healthy food choices, putting effort into your school work and setting goals

**Respecting others** means saying please and thank you, listening when someone else is talking, returning what you borrow and using clean language

**Respecting your community** means making it a habit to pick up litter, obeying traffic rules, volunteering with a community organization and taking care of public property

-Color Wreath Trick:

### **SIGN #5: “U Matter” (respect yourself):**

Believe in yourself enough to know that “YOU MATTER”. Believe in yourself and know that you can develop these qualities: Joy, Strength, Grace and Appeal

-Character Qualities Trick

### **SIGN #6: “Put-ups Peace Place” (build others up):**

Be an encourager, and “life giver” rather than a “life taker”. When we choose to care for and love others, kindness is often returned to us.

-Bobby and Billy Story Trick

### **SIGN #7: “Ridicule Free Zone” (safe from hurtful words):**

Ridicule means to use words to hurt other people. A ridicule free zone is a place where people feel safe from verbal attacks. They are not attacked, embarrassed, humiliated, mocked, teased, taunted or put down.

-Baking Magic to Dove to Rabbit Trick

### **SIGN # 8: “Don’t Laugh At Me”:**

This story in the form of a song makes a powerful case for showing love, honor and respect towards each other.

-Song Presented

---

### **Conclusion:**

When we RESPECT ourselves, others and our communities, we tend to experience peace, joy, success and fulfillment.

# Don't Laugh At Me (song)

Written by: Steve Seskin & Allen Shamblin

---

I'm a little boy with glasses, the one they call a "geek"  
A little girl who never smiles 'cause I've got braces on my teeth  
And I know how it feels to cry myself to sleep.

I'm that kid on every playground who's always chosen last.  
I'm the one who's slower than the others in my class.  
You don't have to be my friend, but is it too much to ask?

Chorus:

Don't laugh at me. Don't call me names. Don't get your pleasure from my pain.  
On the inside we're the same, needing love and care, not pain.  
Don't laugh at me.

I'm the beggar on the corner. You've passed me on the street.  
I wouldn't be out here beggin' if I had enough to eat.  
Don't think I don't notice that our eyes never meet.

I was born a little different. I do my dreaming from this chair.  
I pretend it doesn't hurt me when people point and stare.  
There's a simple way to show me just how much you care.

Chorus:

Don't laugh at me. Don't call me names. Don't get your pleasure from my pain.  
On the inside we're the same, needing love and care, not pain.  
Don't laugh at me.

I'm fat. I'm thin. I'm short. I'm tall. I'm deaf. I'm blind. Hey aren't we all?

Chorus:

Don't laugh at me. Don't call me names. Don't get your pleasure from my pain.  
On the inside we're the same, needing love and care, not pain.  
Don't laugh at me. Don't laugh at me.

---