

# Courage Character & Caring

## Presentation and Content Outline: by Steve Harmer

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### Opener:

Burger Fries Shake welcome

"You're going to learn something today. And its about time!"

**Plate on Pole trick**

**Steve Harmer \$100.00 challenge** card prediction trick

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### 1. Dare To Invest In Others:

Bookmark: "Dare" Poem

Henri Nouwen's book called Adam reminds us that:

- being emotionally present is better than being absent
- listening is more important than speaking
- together is better than apart
- the heart is more important than the head
- “being” is more important than “doing”
- God’s love is more important than the praise of people

**Silks in cylinder to streamer illustration**

### 2. Dare To Show Character:

**Spelling trick:** The letters in "REACHCART" rearrange to spell "**CHARACTER**"

Acrostic: **C** is for Caring **H** - Honesty **A** – Acceptance **R** – Responsibility

**A** – Authenticity **C** – Courage **T** – Thankfulness **E** – Encouragement **R** – Respect

**10 Boxes On One Finger Balance:** To show all these character qualities in our lives is as challenging as balancing ten boxes on one finger. We need to "train" not just "try".

### 3. Dare To Foster Self Esteem:

**The Building Blocks or the "A, B, C's" of Self Esteem:**

- A** – Accept yourself -you can't change eye color, height or heritage
- B** – Believe in yourself -you must believe that you can realize your potential
- C** – Challenge yourself -when you challenge yourself to learn a new skill and achieve it, your self esteem rises

**Needle through balloon:** We need to inflate our families with encouragement not deflate them with criticism.

**Super People to Rabbit:** We must believe that we all are "Super Special", "Super Capable" and "Super Lovable".

#### 4. Dare To Build Assets:

**40 Developmental Assets** Review Search Institute's HYPERLINK "<http://www.search-institute.org>" [www.search-institute.org](http://www.search-institute.org)

For children to build self-esteem in their lives, they need to hear Barbara Coloroso's Six Critical Life Messages over and over again from home school and the community:

I believe in you! You are cared for!

I know you can handle it! You are listened to!

I trust you! You are very important to me!

#### Butterfly production

#### 5. Dare To Model Courage:

**Sword Box** says: Courage means to "Do what's right when the wrong is popular"

The "right way" Box includes: Friends, Fun, Freedom, and Future. We often look for these things by going the "popular way" or the "easy way" to find happiness only to discover that these ways are just illusions. When we choose the right way we will ultimately discover true friends, wholesome fun, real freedom within limits and a future of integrity.

#### 6. Dare To Care:

**Light Box Illustration:** Caring means "connecting". Disconnection is caused by Dissing others: To Disrespect, Discourage, Dishonor and Disgrace are barriers to connecting. Hope and healing come when we learn to Show Respect, Courage, Honor and Grace towards others.

#### Conclusion:

**Special Olympics Story:** These friends have taught us that, maybe just maybe, caring is more important than winning.

Newspaper and Dove Illustration: Life can bring us disappointment and pain. Sometimes we feel torn up and broken on the inside. A broken heart can hurt way more than even a broken arm. But there is hope. My positive message reminds us that we must

Dare to invest in others,  
Dare to foster self-esteem,  
Dare to model courage and

Dare to show character,  
Dare to build assets,  
Dare to care.

**My final challenge** for you is this. When we think only of ourselves we offer nothing to others. Actually we often end up hurting others, tearing them up with destructive words and actions. It is when we show courage, character and caring that we help heal others and all of us discover that we have wings to fly and make a difference in our family, in our community and in the world     "It is never too late to start doing what is right."

Bookmark: "Greatness is not found in possessions, power, position or prestige. It is discovered in goodness, humility, service and character." Anonymous